Summer 2012 Sterling Hall 3401
Mo'TuWeTh 10:20AM - 1:00PM

Araceli Alonso, Ph.D.
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Office Hours: Monday through Thursday 1:00-1:30 (3314 Sterling Hall)

Course Description: This course covers basic facts about the structure and functioning of the female body. Particular attention is paid to adjustments the body makes during normal physiological events—menstruation, sexuality, reproduction, and menopause—and during disease processes. We will explore women’s mental and physical health issues in relation to women’s lives and women’s roles in society. We will also study the relationship of women as consumers, practitioners, and activists to the health system and the achievements and limitations of women’s health movements. Throughout the entire course, we will work on anti-oppression, intersectionalities, and cross-cultural perspectives for all topics covered.

Required Books:

Highly Recommended:
www.ourbodiesourselves.org web companion for Our Bodies Ourselves
www.nwhn.org National Women’s Health Network

All books for the course are available for purchase at A Room of One's Own Feminist Bookstore, 307 W. Johnson St. Books will also be on reserve at Social Science Library (8th floor), the Steenbock Library. You can buy these books online or in any other local bookstore.

Handouts and Additional Materials: we will use Learn@UW to post ALL important information (handouts, additional readings, links to useful research and writing resources, etc.). In most cases, the information posted online will NOT be distributed in class. IT IS YOUR RESPONSIBILITY TO CHECK THE SITE BEFORE YOU COME TO CLASS.

Course Requirements and Grading Policy: Students are expected to attend all lectures and discussion sections. If you must be absent from lecture due to illness, religious observance, or family emergency, please obtain the lecture notes from a classmate. It is your responsibility to get the notes for any portion of the class you miss. For exams, you will be held responsible for all material covered in lectures, readings and discussion. All
required readings must be completed BEFORE lecture (except the first assigned readings, which must be completed before the second day of class). Films are considered a crucial part of the class and will be included in the midterms and the final.

Be aware that missing ONE day during summer school equals to missing a whole week during a regular semester. Failure to attend class will affect participation grades as follows:

AB  1 absence       D  5 absences
B   2 absences      F  6 absences or more
BC  3 absences
C   4 absences

IMPORTANT RULES

• No cell phones in lecture. NO TEXTING!!!
• You can use computers for lecture notes, BUT neither cell phones nor computers are allowed during discussion.

Letter Grades will be based on the following scale:

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<th>Grade</th>
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<td>A</td>
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<td>65-69</td>
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General Course Grading and Important Dates

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<tr>
<th>Component</th>
<th>Weight</th>
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<tr>
<td>Discussion (participation)</td>
<td>20%</td>
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<tr>
<td>Midterm 1</td>
<td>20%</td>
<td>(Monday 7/23 in class)</td>
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<tr>
<td>Midterm 2</td>
<td>20%</td>
<td>(Monday 7/30 in class)</td>
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<tr>
<td>Paper</td>
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<td>(Thursday 8/2 in class)</td>
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<tr>
<td>Final Exam</td>
<td>20%</td>
<td>(Thursday 8/9 in class)</td>
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Term Papers

A detailed handout with specific instructions will be posted on Learn@UW.

Late, Missed, or Incomplete Work: Except for reasons beyond your control such as serious illness (justified by a doctor) or emergency, your grade will be reduced each day an assignment remains incomplete or not turned in. After two days, I will not accept late, incomplete, or missed work, and you will receive an "F" for that portion of your grade.

Incomplete grades will not be given EXCEPT in situations of serious illness or family emergency, which must be documented.

Accessibility: Please let us know if you require any alternative accommodations or if you have any accessibility concerns that may affect your performance in this course. The McBurney Resource Center (www.mcburney.wisc.edu), 1305 Linden Dr. 263-2741, TTY 263-6393, provides useful assistance and documentation for a range of needs and concerns.
**Plagiarism and Academic Misconduct:** Plagiarism means presenting the words or ideas of others without giving them credit. It is your responsibility to learn what constitutes plagiarism and the correct rules for citing sources. In general, if your paper implies that you are the author, the ideas and words must be your own. If you use someone else’s exact words, they should be enclosed in quotation marks with the exact source listed. Please, refer to the Dean of Students’ web page for further information: www.wisc.edu/students/amsum.htm

Examples of Academic Misconduct include but are not limited to: cutting and pasting portions of a text from the web without quotation marks or proper citation; paraphrasing from the web without crediting the source; using another person’s ideas, words, or research and presenting it as your own by not properly crediting the originator; signing another person’s name to an attendance sheet. For more details refer again to the Dean of Students’ web page: www.wisc.edu/students/amsum.htm This Website also has useful information on what to do if you are charged with academic misconduct.

**CLASS SCHEDULE AND READINGS ASSIGNMENTS**

**BW Biology of Women**

**WH Women’s Health: Readings on Social, Economic, and Political Issues (5th ed.)**

**WW Where Women Have No Doctor**

**Week 1**

**Mon 7/16**

**Introduction, course overview. Anatomy of the Female Reproductive System. The Gynecological Exam.**

- BW “Reproductive Anatomy” 30-52; 194-198
- BW Chapter 8 “Gynecological Exam”
- WH “Kegel Exercise” 500-501
- WH “If Men Could Menstruate” 262-263
- WH “The Truth About Your Clitoris” 454-456
- WH “The Gynecological Exam” 24-27
- WH “How to Tell Your Doctor” (a Classic) 20-24
- WH “Cadavers, Dolls—Pelvic Rehearsal” 27-36
- WH “Take a Good Look” 38-40
- WW Chapter 4 “Understanding Our Bodies”
- WW Chapter 1 “Women’s Health is a Community Issue”

**Tues 7/17**

**Women and inequalities in the Health Care System**

- BW Chapter 1 “Women & Their Health”
- WH “Sexism in Women’s Medical Care” (a Classic) 4-8
- WH “Diagnosing Gender Disparities in Health” 8-10
- WH “Tales Out of Medical School” 67-70
- WH “Age, Race, Class, and Sex” 87-91
- WH “There is no Hierarchy of Oppression” 91-92
- WH “What are Health Disparities?” 101-102
- WH “Why Do Health Disparities Exist?” 102-103
WW Chapter 2 “Solving Health Problems”
WW Chapter 3 “The Medical System”

Wed 7/18

**Access to the Health Care System**
WH “Health at the Margins” 108-110
WH “Under the Shadow of Tuskegee” 111-116
WH “Immigrant Women’s Health” 123-126
WH “For Us It’s Life or Death” 127-130
WH “Financially Vulnerable” 131-134
WH “Do Ask, Do Tell” 486-489 & “Lesbian Health” 490-492

**Intro to Sex Differences and Intersexuality**
BW “Basis of Biological Differences” 145-165
WH “Male and Female Hormones” 167-168

Thurs 7/19

**Sex Differences and Intersexuality**
Reread: BW “Basis of Biological Differences” 145-165
Reread: WH “Male and Female Hormones” 167-168
WH “Coming to Terms with Transgenderism” 169-172
WH “Intersex: Exploding Binary Sex Systems” 185-188
WH “The Five Sexes, Revisited” 189-193

**Alterations of “normal” anatomy FGM/FGC**
WH “Made to Order Vaginas” 204-205
WH “How to Stop Female Genital Mutilation” 205-207
WH “Cultural Practice or Reconstructive Surgery” 193-203
WW Chapter 30 “Female Genital Cutting”

**Week 2**

Mon 7/23

**Hormones and the Endocrine System; Menstrual Cycle**
BW “Puberty, Hormones & Monthly Cycles” 81-88
BW “Menstrual Cycle/Hormonal Interrelationships” 63-81
Reread WH “Male and Female Hormones” 167-168
WH “Puberty and Growing Up” 263-269

Tues 7/24

**Menstrual Cycle Review. Issues Related to Menstruation**
BW Chapter 4 “Menstrual Problems”
WH “Don’t Just Go with the Flow” 270-274
WH “The Selling of PMS” (a Classic) 274-277
WH “To Bleed or Not to Bleed” 278-279

Wed 7/25

**Sexuality, Culture, and Health**
BW Chapter 6 “Female Sexuality”
WH “Education for Sexual Intimacy & Agency” 440-446
WH “Adolescent Sexual Health” 448-453
WH “How Being a Good Girl” 456-464
WH “Orgasm Gap” 466-479
WH “A New View of Women’s Sexual Problems” 479-483
WH “A New Politics of Sexuality” 484-486
WH “Contraceptive Jelly on Toast” 531-534
WH “The Need for Intimacy” 497-498

Thurs 7/26  Sexually Transmitted Infections and HIV
BW “Gynecological Difficulties” 251-280
WH “Women & the Risks & Burdens of HIV” 675-676
WH “Cervical Cancer Vaccines” 686-687
WH “Hold Hype on HPV” 687-689
WW Chapter 16 “Sexually Transmitted Infections”
WW Chapter 17 “HIV/AIDS”
WW Chapter 20 “Sex Workers”

Week 3
Mon 7/30  EXAM 2 (in class)
Contraception/"The Pill"
Science of Conception & Contraception
BW “Getting Pregnant” 313-324
WH “Eight New Nonhormonal Contraceptive Methods for Men” 544-547
WW Chapter 13 “Family Planning”

Tues 7/31  Contraception (Cont.)
BW “Oral Contraceptives” 419-459
WH “A Dangerous Combination” 237-244
WH “The Pill May Not Mix Well” 534-535
WH “Acquiescence in Contraceptive Market” 538-539
WH “Next Target: Birth Control” 539-542
WH “Years In The Making” 547-549

Wed 8/1  Pregnancy and Childbirth
BW “Maternal Changes During Pregnancy” 324-333
BW “Labor and Delivery” 353-374
WH “Cultural Warping of Childbirth” 583-588
WH “Routine Midwifery Care” 589-592
WH “Overview of Maternity Care” 592-593
WH “Ideals vs. Reality in US Births” 594
WH “How Do Socioeconomic Factors Affect Disparities” 595-597
WW Chapter 6 “Pregnancy and Childbirth”
WW Chapter 7 “Breastfeeding”

Thurs 8/2  PAPERS DUE
Reproductive Justice
WH “Introduction to Chapter 10” 503-508
WH “The Color of Choice” 509-516
WH “The Political Context for Women of Color” 519-528
WH “Latina Agenda for Reproductive Justice” 529-530
WH “For Native Women Reproductive Rights Mean” 530-531
WH “Reproductive Issues are Essential for Asian Americans” 557-559

5
Week 4
Mon 8/6  Images of Women as a Health Issue
WH “What is a Theory of Women Smoking?” 162-164
WH “Fatphobia” 391-392 & “Mental Health Issues” 393-395
WH “Making A Way Outa No Way” 401-414
WH “The Picture of Health” 217-225
WH “Extreme Makeover” 422-424
WH “Pressures of Perfectionism” 424-426

Tues 8/7  Violence Against Women
WH “Continuum of Family Violence” 329
WH “Power and Control” and “Equality Wheels” 330-331
WH “Adolescent Battered Women” 332-335
WH “Breaking the Silence” 335-336
WH “Role Health Workers Can Play” 337-339
WH “Battered Women of Color” 341-346
WH “Same-Sex Battering” 348-353
WH “Trans & Intersex DV” 353-357
WW Chapter 18 Violence Against Women
WW Chapter 19 Rape and Sexual Assault

Wed 8/8  Menopause & Hormone Therapy
BW Chapter 14 “Menopause”
WH “Menopause’s Milder Side” 635-637
WH “Hormone Replacement Therapy (HRT)” 637-644
WH “Less Hormone Therapy, Less Breast Cancer” 649-650
WW Chapter 8 “Growing Older”
Cancer & The Politics of Prevention
BW “Breast Cancer” 207-240
WH “Breast Implants for Reconstruction: A Closer Look” 664-665
WH “Breast Cancer: The Environmental Connection” 665-670
WH “Screening Mammograms” 673-675
WH “Cervical Cancer Vaccines in Context” 686-687

EXAM 3 FINAL (in class)

HAVE A TERRIFIC REST OF THE SUMMER!!!!